

Royal  
**GLENORA**  
—————CLUB—————

INVITATIONAL  
COMPETITION  
2008

**October 17 - 19, 2008**

Sanctioned by Skate Canada  
# 4770

## HOST CLUB INFORMATION

**Event Name:** Royal Glenora Club Invitational Competition

**Event Dates:** October 17 – 19, 2008

**Host Club Name:** Royal Glenora Club (Skating)

### Competition Chairperson

Name: **Ben Ferreira**  
Phone / Email address: **(780) 482- 0377 / ben.ferreira@royalglenora.com**

### Technical Representative

Name: **Lynne Dey**  
Phone / Email: **(780) 439-1969 / lebigdog@telusplanet.net**

### Arena Details

Name: **Royal Glenora Club**  
Address: **11160 River Valley Road, Edmonton, AB**  
Phone Number: **(780) 482- 2371**  
Ice Surface Dimensions: **85 X 210 (minus 16 feet for bleachers)**

**Registration Times:** 1 hour prior to the first event and continuing throughout the weekend.

### Accommodation Information

Host Hotel: **Coast Edmonton Plaza Hotel**  
Address: **10155 – 105 Street, Edmonton, AB T5J 1E2**  
Phone: **(780) 423- 4811**  
Room Rate: **\$129.00**

# GENERAL INFORMATION

1. The Event is being held under the current rules of the Association Official Rulebook (revised 2000) and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook, 5000 Competitive Program. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.
2. **CATEGORIES:** The following Categories are to be held:  
**Pre-Juvenile/Juvenile Freeskate**  
**Pre-Novice, Novice, Junior & Senior Singles Short Program/Freeskate combined event**
3. **SYSTEM OF MARKING:**  
Events will be judged under the CPC system. Closed marking will be used for all Categories.
4. **PRACTICE ICE:** Limited practice ice may be available. There may be a charge for practice ice. Clubs will be notified if practice ice is available, once entries close and ice needs are finalized.
5. **SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:** Will be emailed if an e-mail address is provided.
6. **ENTRIES:** Entrants in Events shall be:
  - a) Eligible persons as defined in Skate Canada Rule Book Section 2100
  - b) Be Associate members in good standing of the Association.
Registration forms **must be completed in FULL** or they may not be processed!

**Restriction of Entries – IF NECESSARY ENTRIES MAY BE LIMITED TO ADHERE TO THE GUIDELINES FOR HOURS OF COMPETITION.**

7. **CLOSING DATE OF ENTRIES:** All entries must be received no later than **September 22, 2008**. In the event of a postal disruption it is the responsibility of the competitor to ensure that their entry is in to the Host Committee Registration person by the closing date, at their own expense. Cheques dated beyond September 22, 2008 will not be accepted.  
ALL QUALIFYING TESTS MUST BE PASSED BY September 30, 2008.

8. **ENTRY FEES:**

Pre-Juvenile & Juvenile – Freeskate only	\$75.00
Pre-Novice, Novice, Junior & Senior – Short & Freeskate combined event	\$120.00

**Cheques or money orders should be made payable to: ROYAL GLENORA CLUB INVITATIONAL 2008**

**Mail entries to:**           **Attention: Nicolette Langhout**  
**Royal Glenora Club Invitational Competition 2008**  
**11160 River Valley Road**  
**Edmonton, AB**  
**T5J 2G7**

CHEQUES POSTDATED AFTER THE CLOSE OF ENTRIES WILL BE RETURNED, REGISTRATION WILL NOT BE PROCESSED

**THERE WILL BE A \$25.00 CHARGE FOR ANY NSF CHEQUES RECEIVED**

9. **MUSIC REGISTRATION:** (Rule 5705).

Each skater will provide **2 cassettes or 2 CDs (+ 1 back up cassette) TWO COPIES MUST BE COLLECTED AT REGISTRATION** for the competition upon registration. One for competition (marked as 'Master') and one for back up (marked 'copy'). The competition copy will be played during practices and competition.

Competitors are responsible for the recovery of their own cassettes or CDs at the completion of the Event.

## **Standard Specifications for Cassettes and CDs:**

### **SKATERS MUST HAVE A BACK UP CASSETTE FOR ALL EVENTS.**

- 1) Only one (1) program shall be recorded on each cassette or CD.
  - 2) The start of the music shall be recorded on the tape or CD at least 3 seconds following the head leader and not more than 5 seconds.
  - 3) Music shall be recorded at equal levels on both left and right channels in stereo.
  - 4) Competitor's name followed by music time (not skating time) shall be clearly printed on side one of the cassette or CD.
  - 5) Music recording levels shall be a maximum of 0VU and a minimum of -8VU.
  - 6) Cassettes or CD's must be marked with the skater's name, Category and total music time and they must be enclosed in their integral container, also marked accordingly.
10. **ACCIDENTS:** The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.
11. **REFUND OF ENTRY FEES:**  
Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (Skate Canada Rule 7000 – 1.5 (2)).
12. **REGISTRATION:** Skaters must register at least one hour prior to their scheduled Category or practice. Music tapes must be turned in at the time of registration. **(2 copies of music must be registered)**. Skaters must report to the Ice Captain one hour prior to their scheduled Category.
13. **FLIGHT SYSTEM:** If the number of competitors in a Category warrants it, a flight system will be used. Competitive events will be determined by a random draw.
14. **EVENT SPECIFICATIONS:** In normal circumstances, each category offered at the competition will be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:  
(a) Combine two or more categories in the same event when each category has fewer than three entries;  
(b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;  
(c) Combine men and women in events when insufficient entries are registered in one to hold the event.
- The decision to combine events is at the discretion of the Technical Representative and the Host Committee. In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected. If a category is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.
15. **CANCELLATION OF EVENTS:** The host club reserves the right to cancel events.
16. **COACH ACCREDITATION:** All coaches must be minimally certified NCCP Level 1, and carry their photo ID card indicating current membership within the association and a valid First Aid Certificate. Coaches may expect to register at the registration desk.
17. **AWARDS:** It is the responsibility of any skater receiving a medal to wear their skates and skating attire for the medal presentation.
18. **WARM UP TIMES:** Skate Canada has standardized warm up times for all events.

All Competitive Events                      6 minutes

# ELIGIBILITY AND CATEGORIES

## COMPETITIVE SINGLES CATEGORIES

### NON-COMBINED FREESKATE CATEGORIES

#### PRE - JUVENILE SINGLES LADIES /MEN:

- (i) TEST: Must have passed the complete Junior Bronze Free Skating test or higher.
- (ii) AGE: Pre - Juvenile Singles competitors shall be under the age of 11 for Ladies and 12 for Men as of July 1 preceding the event.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music of 2.5 minutes (+ or – 10 seconds) in duration which meets the Skate Canada Well Balanced Program criteria.

#### JUVENILE SINGLES LADIES / MEN:

- (i) TEST: Must have passed the Juvenile Competitive Singles test or higher.
- (ii) AGE: Juvenile Singles competitors shall be under the age of 12 for Ladies and 13 for Men as of July 1 preceding the event.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music of 2.5 minutes (+ or – 10 seconds) in duration which meets the Skate Canada Well Balanced Program criteria.

### COMBINED CATEGORIES (SHORT PROGRAM)

#### PRE-NOVICE SINGLES LADIES / MEN:

- (i) TEST: Must have passed the Pre-Novice Competitive Singles Test or higher.
- (ii) AGE: No age requirement

SPECIFICATIONS FOR SHORT PROGRAM: A short program to music, which shall not exceed 2 minutes, 30 seconds in duration

#### **PRE-NOVICE WOMEN: A short program of maximum 2:30**

- (a) Axel or double Axel
- (b) One double or triple jump\* (may not repeat double axel)
- (c) One jump combination consisting of two double jumps or one double and one triple jump\* (May repeat double axel)
- (d) Layback or sideways leaning spin
- (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof).
- (f) Spiral Sequence
- (g) Step Sequence

\* The jump combination may be composed of the same, or two different double jumps, or one double and one triple jump. If a triple jump is executed in the jump combination, a second triple jump may not be executed as the solo jump. If a triple jump is executed as the solo jump a second triple jump may not be executed in the jump combination. Jumps in the combination must be different than the solo jump however the double axel may be repeated in the jump combination.

#### **PRE-NOVICE MEN: (GROUP B, 2008-2009) A short program of maximum 2:30**

- (a) Axel or double Axel
- (b) One double or triple jump\* (may not repeat double axel)
- (c) One jump combination consisting of two double jumps or one double and one triple jump\* (May repeat double axel)
- (d) Sit spin with only one change of foot
- (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof).
- (f) Two different step sequences of a different nature (straight line, circular or serpentine).

\* The jump combination may be composed of the same, or two different double jumps, or one double and one triple jump. If a triple jump is executed in the jump combination, a second triple jump may not be executed as the solo jump. If a triple jump is executed as the solo jump a second triple jump may not be executed in the jump combination. Jumps in the combination must be different than the solo jump however the double axel may be repeated in the jump combination.

**NOVICE SINGLES LADIES / MEN:**

- (i) TEST: Novice Competitive Singles test or higher.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR SHORT PROGRAM: A short program to music, which shall not exceed 2 minutes, 30 seconds in duration

**NOVICE WOMEN: A short program of maximum 2:30**

- (a) Axel or double Axel
- (b) One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements\* (may not repeat double axel)
- (c) One jump combination consisting of two double jumps or one double and one triple jump\* (May not repeat double axel)
- (d) Layback or sideways leaning spin
- (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof).
- (f) Spiral Sequence
- (g) Step Sequence

\* The jump combination may consist of the same or two different double jumps, or one double and one triple jump. The Double Axel may not be repeated in the solo jump or jump combination. The jumps in the combination must be different than the solo jump.

**NOVICE MEN: A short program of maximum 2:30**

- (a) Axel or double Axel
- (b) One double or triple jump immediately preceded by connecting steps and/or other comparable free skating movements\* (may not repeat double axel)
- (c) One jump combination consisting of two double jumps or one double and one triple jump\* (May not repeat double axel)
- (d) Camel or sit spin. Change of foot is optional. No flying entrance.
- (e) Spin combination with only one change of foot and at least two basic positions (sit, camel, upright or any variation thereof).
- (f) Two different step sequences of a different nature (straight line, circular or serpentine).

\* The jump combination may consist of the same or two different double jumps, or one double and one triple jump. The Double Axel may not be repeated in the solo jump or jump combination. The jumps in the combination must be different than the solo jump.

**JUNIOR SINGLES LADIES / MEN:**

- (i) TEST: Junior Competitive Singles Test or higher.
- (ii) AGE: Shall meet ISU Junior age criteria.

**ISU Junior Age Requirements**

<b>Junior</b>	Ladies: must not be 19 as of July 1 preceding the competition	Men: must not be 19 as of July 1 preceding the competition
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SPECIFICATIONS FOR SHORT PROGRAM: A short program which shall not exceed 2 minutes, 50 seconds.

Group A elements after July 1, 2008

**JUNIOR WOMEN (Group A):**

- (a) Double Axel Paulsen
- (b) One double or triple Lutz jump immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of two double jumps or one double and one triple jump or two triple jumps
- (d) Flying camel spin
- (e) Layback or sideways leaning spin
- (f) Spin combination with only one change of foot and all three basic positions (sit, camel, upright or any variation thereof)
- (g) Spiral sequence
- (h) Step sequence (straight line, circular or serpentine)

**JUNIOR MEN (Group A):**

- (a) Double or triple Axel Paulsen
- (b) One double or triple Lutz jump immediately preceded by connecting steps and/or other comparable free skating movements
- (c) One jump combination consisting of one double and one triple jump or two triple jumps
- (d) Flying camel spin
- (e) Sit Spin with only one change of foot
- (f) Spin combination with only one change of foot and all three basic positions (sit, camel, upright or any variation thereof).
- (g) Two different step sequences of a different nature (straight line, circular or serpentine)

**SENIOR SINGLES LADIES / MEN:**

- (i) TEST: Senior Competitive Singles Test.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR SHORT PROGRAM: A short program which shall not exceed 2 minutes, 50 seconds in duration containing elements as listed in the Technical Handbook.

**SENIOR WOMEN:**

- (a) Double Axel Paulsen
- (b) One triple jump immediately preceded by connecting steps and/or other comparable free skating movements.
- (c) One jump combination consisting of one double and one triple jump or two triple jumps.
- (d) Flying spin.
- (e) Layback or sideways leaning spin.
- (f) Spin combination with only one change of foot and all three basic positions (sit, camel, upright or any variation thereof).
- (g) Spiral sequence.
- (h) Step sequence (straight line, circular or serpentine).

**SENIOR MEN:**

- (a) Double or Triple Axel Paulsen
- (b) One triple or quadruple jump immediately preceded by connecting steps and/or other comparable free skating movements.
- (c) One jump combination consisting of one double and one triple jump, or two triple jumps, or a quadruple jump and a double or triple jump.
- (d) Flying spin.
- (e) Camel spin or sit spin with one change of foot.
- (f) Spin combination with only one change of foot and all three basic positions (sit, camel, upright or any variation thereof).
- (g) Two step sequences of a different nature (straight line, circular or serpentine).

## **COMBINED CATEGORIES (FREE PROGRAM)**

### **PRE-NOVICE SINGLES LADIES / MEN:**

- (i) TEST: Must have passed the Pre-Novice Competitive Singles Test or higher.
- (ii) AGE: No age requirement

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music of 3.0 minutes (+ or – 10 seconds) in duration which meets the Skate Canada Well Balanced Program criteria.

### **NOVICE SINGLES LADIES / MEN:**

- (i) TEST: Novice Competitive Singles test or higher.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music. The length of program is as follows:

LADIES: 3.0 minutes (+ or – 10 seconds) MEN: 3.5 minutes (+ or – 10 seconds) The composition of the free program must meet the Skate Canada Well Balanced Program criteria.

### **JUNIOR SINGLES LADIES / MEN:**

- (i) TEST: Junior Competitive Singles Test or higher.
- (ii) AGE: Shall meet ISU Junior age criteria.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music.. The length of program is as follows: LADIES: 3.5 minutes (+ or – 10 seconds) MEN: 4.0 minutes (+ or – 10 seconds) The composition of the free program must meet the Skate Canada Well Balanced Program criteria.

### **SENIOR SINGLES LADIES / MEN:**

- (i) TEST: Senior Competitive Singles Test.
- (ii) AGE: No age requirement.

SPECIFICATIONS FOR FREE PROGRAM: A free skating program to music. The length of the program is as follows:

LADIES: 4.0 minutes (+ or – 10 seconds) MEN: 4.5 minutes (+ or – 10 seconds) The composition of the free program must meet the Skate Canada Well Balanced Program criteria.

**Skate Canada: Alberta - NWT/Nunavut  
Royal Glenora Club Invitational Event Entry Form  
October 17 – 19, 2008**

**REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!!!  
ONE REGISTRATION FORM PER EVENT**

Competitor's Name	Please circle: Male    Female
Home Address and Postal Code	
Home and Emergency Phone Number	
Skate Canada Number	
Date of Birth	Day                      Month                      Year
Health Care Number	
Name of Home Club	
Signature of Club Test Chair	
Club Contact Person	
Home Club Phone/Fax / Email	
Level (Preliminary, Pre-Novice)	
Name of Partner (if applicable)	
Title of Interpretive Program	
Music Time	
Test Qualifications (highest passed)	Freeskate:                                      Competitive
	<b>( ) test pending - results must be phoned in to 780-482-0392 by October 1</b>

**NOTE: For those Categories with an age restriction, a copy of the birth certificate or other proof of age must be submitted with the entry form.**

<b>RETURN FORM TO:</b>	Nicolette Langhout Royal Glenora Club Invitational Competition 2008 11160 River Valley Road Edmonton, AB T5J 2G7	<b>BY: September 22, 2008</b>
<b>ENTRY FEES:</b>	Pre-Juvenile & Juvenile – Freeskate only	\$ 75.00
	Pre-novice, Novice, Junior & Senior – Short & Freeskate	\$120.00
<b>CHEQUES PAYABLE TO:</b>	Royal Glenora Club Invitational 2008	

**Participant's Release**

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

Participant's Name (print):	Participant's Signature:
Date:	
If under the age of 18 years:	
Parent's Signature:	Address:
Name of Coach(please print)	Signature and verification of event entered