

# NE REGION FUNSKATE 2009

*JANUARY 23-25, 2009*

*PEACE MEMORIAL MULTIPLEX  
WAINWRIGHT, AB*



*SANCTION #4774*

# HOST CLUB INFORMATION

**Event Name** Northeast Region FunSkate

**Event Dates** January 23-25, 2009

**Host Club Name** Wainwright Skating Club

## Competition Chairperson

Name: Michelle Schneider  
Phone / Email address: (780) 842-3233 wainwrightskatingclub@telus.net

## Technical Representative

Name: Roxanne Arnal  
Phone / Email: (780) 842-4011/ r.arnal@wy-com.ca

## Arena Details

Name: Peace Memorial Multiplex  
Address: 600 1 Avenue, Wainwright, AB  
Phone Number: (780) 842-4542  
Ice Surface Dimensions: 2 - 200 x 85

**Registration Times** 11:00AM Friday, 8:00AM Saturday, 8:00 AM Sunday

## Accommodation Information

Host Hotel: R & R Inns  
Address: 1809 14 Avenue, Wainwright  
Phone: (780) 842-2277

Other Hotels:  
Name: Day's Motel  
Address: 2101 14 Avenue  
Phone: (780) 842-3297

# GENERAL INFORMATION

1. The Event is being held under the current rules of the Association Official Rulebook (revised 2000) and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook, 5000 Competitive Program. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

2. **CATEGORIES:** The following Categories are to be held:

- CanSkate Elements
- CanSkate Program
- STARSkate Elements
- STARSkate Freeskate
- STARSkate Skating Skills
- STARSkate Interpretive
- STARSkate Solo Dance
- STARSkate Creative
- STARSkate Team Event
- Adult Open Freeskate
- Adult Open Dance
- Special Olympics Elements & Freeskate Programs

3. **SYSTEM OF MARKING:**

Closed marking will be used for all Categories.

4. **PRACTICE ICE:** Limited practice ice may be available. There may be a charge for practice ice. Clubs will be notified if practice ice is available, once entries close and ice needs are finalized.

5. **SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:** Will be emailed if an address is provided. Otherwise, a schedule will be mailed to all clubs who have skaters in the Event as soon as possible after the closing of the entries.

6. **ENTRIES:** Entrants in Events shall be:

- a) Eligible persons as defined in Skate Canada Rule Book Section 2100
- b) Be Associate members in good standing of the Association. FunSkate entries will be accepted only from skaters who are members of affiliated Skate Canada clubs and whose home club is within the Northeast region.

Registration forms **must be completed in FULL** or they may not be processed!

**Restriction of Entries – IF NECESSARY ENTRIES MUST BE LIMITED TO ADHERE TO THE SECTION GUIDELINES FOR HOURS OF COMPETITION – COMPETITION MAY NOT BEGIN BEFORE 12 PM ON FRIDAY AND MAY NOT RUN MORE THAN 12 HOURS ON SATURDAY. COMPETITION MUST BE COMPLETED BY 5 PM ON SUNDAY**

**Skaters registered to compete in any event at the Novice or higher level at Sectionals, do not qualify to compete in the FunSkate. Skaters registered to compete in the PreJuvenile to PreNovice level at Sectionals may register to compete in event categories other than those competed in at Sectionals.**

7. **CLOSING DATE OF ENTRIES:** All entries must be received no later than *November 28, 2008*). In the event of a postal disruption it is the responsibility of the competitor to ensure that their entry is in to the Host Committee Registration person by the closing date, at their own expense. **ALL QUALIFYING TESTS MUST BE PASSED BY November 01, 2008**.

8. **ENTRY FEES:**

<b>STARSKATE/ ADULT</b>	<b>\$45.00</b>	<b>FIRST EVENT</b>
<b>SUBSEQUENT EVENT(S)</b>	<b>\$25.00</b>	
<b>TEAM EVENT</b>	<b>\$30.00</b>	<b>\$7.50/SKATER</b>
<b>CANSKATE</b>	<b>\$10.00</b>	<b>Stages 1-7 &amp; CanSkate Program</b>

**All registration forms must be paid with one Club cheque payable to: Wainwright Skating Club  
NO POSTDATED CHEQUES ALLOWED, REGISTRATIONS WILL NOT BE PROCESSED.  
THERE WILL BE A \$20.00 CHARGE FOR ANY NSF CHEQUES RECEIVED**

9. **MUSIC REGISTRATION:** (Rule 5705).

Each skater or pair will provide **2 cassettes or 2 CDs (+ 1 back up cassette) TWO COPIES MUST BE COLLECTED AT REGISTRATION** for the competition upon registration. One for competition (marked as 'Master') and one for back up (marked 'copy'). The competition copy will be played during practices and competition.

Competitors are responsible for the recovery of their own cassettes or CDs at the completion of the Event.

**Standard Specifications for Cassettes and CDs:**

**SKATERS MUST HAVE A BACK UP CASSETTE FOR ALL EVENTS.**

- 1) Only one (1) program shall be recorded on each cassette or CD.
- 2) The start of the music shall be recorded on the tape or CD at least 3 seconds following the head leader and not more than 5 seconds.
- 3) Music shall be recorded at equal levels on both left and right channels in stereo.
- 4) Competitor's name followed by music time (not skating time) shall be clearly printed on side one of the cassette or CD.
- 5) Music recording levels shall be a maximum of 0VU and a minimum of -8VU.
- 6) Cassettes or CD's must be marked with the skater's name, Category and total music time and they must be enclosed in their integral container, also marked accordingly.

10. **ACCIDENTS:** The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

11. **REFUNDS:**

Refunds will be issued for medical reasons only! Official notification must be given to Registration in writing before the competitor's Category is scheduled to occur. A medical certificate must be presented to the Host Competition Committee for the refund. Medical certificates must be presented within 48 hours of the close of the Event. A \$20.00 administration fee will be applied to all refunds. No refunds will be issued once a competitor has registered at the Event.

12. **REGISTRATION:** Skaters must register at least one hour prior to their scheduled Category or practice. Music tapes must be turned in at the time of registration. **(2 copies of music must be registered)**. Skaters must report to the Ice Captain one hour prior to their scheduled Category.

13. **FLIGHT SYSTEM:** If the number of competitors in a Category warrants it, a flight system will be used. Flights would be determined by skaters' ages.

14. **EVENT SPECIFICATIONS:** In normal circumstances, each category offered at the competition will be held for men and women separately. It is permissible for events that do not progress skaters on to a subsequent level of Interclub competition to combine events as follows:

- (a) Combine two or more categories in the same event when each category has fewer than three entries;
- (b) Combine two or more categories in the same event when one category has insufficient entries to hold the event;
- (c) Combine men and women in events when insufficient entries are registered in one to hold the event.

The decision to combine events is at the discretion of the Technical Representative and the Host Committee. In any of the above cases, categories may be combined – only with full prior knowledge and agreement of all competitors affected. If a category is not held, due to a lack of competitors, the Host Committee will inform competitors and return entry fees.

15. **CANCELLATION OF EVENTS:** The host club reserves the right to cancel events.

16. **EVENT REGISTRATION:**

- Skating up one level is allowed. However, competitors must register in **ONLY ONE** level of the Same Category (i.e., one freeskate, one elements, etc).
- Skaters may enter **either** CanSkate or STARSkate events (except the Team event)
- Once a skater has passed any STARSkate test, they will not be permitted to skate in any CanSkate Events.

17. **COACH ACCREDITATION:** All coaches must be minimally certified NCCP Level 1, and carry their Photo ID card indicating current membership within the Association and a valid First Aid certificate. A maximum of 5 Program Assistants may accompany a certified coach to assist with FunSkate competitions. Coaches may expect to register at the registration desk.

18. **WARM UP TIMES:** Skate Canada has standardized warm up times for all events. They are as follows:

CanSkate Events	3 minutes
Team Events	3 minutes
Interpretive, Element Programs	4 minutes
Freeskate	5 minutes
Dance/Skills Events	1 minute without music/3 minutes with music

All other events as specified in the Skate Canada Rulebook.

# ELIGIBILITY AND CATEGORIES

## CANSKATE CATEGORIES

### CANSKATE ELEMENTS

**Elements will be skated in isolation. The use of helmets is recommended. Groups will be given half of the ice surface.**  
Note that skills are integrated. So if a skater has passed Stage 1 they would enter in Stage 2.

#### Stage 1

1. Forward walking/skating
2. Two-foot jump on spot
3. Two-foot ¼ bend turns on spot
4. Forward marching width of ice

#### Stage 2

1. Forward Skating
2. Half snowplow stop
3. Two-foot glide/half sit/ snowplow stop
4. Walk backward with glide

#### Stage 3

1. One foot glide
2. Push glide (4 counts/Stop)
3. Two-foot turn: forwards to backwards
4. Forward slalom

#### Stage 4

1. Outside one foot turn on a curve Fwd to Bwd
2. Two-foot jump forward to backwards on a curve
3. Forward crosscuts
4. Two-foot spin

#### Stage 5

1. Forward Crosscuts
2. One foot jump on a curve Fwd to Bwd
3. One foot fwd spin
4. Forward inside edge development
5. Spiral

#### Stage 6

1. Crosscuts Figure 8 Pattern
  2. (Waltz jump) Rotating Power Jump
  3. One foot spin
  4. Forward outside edge spiral
  5. Backward outside edge development
- [E.g. Circle sequence...Fwd crosscuts inside Mohawk Bwd crosscuts inside Mohawk (2 complete circles)]

#### Stage 7

1. Full fwd edges width of ice
2. Toe loop jump
3. One foot spin
4. Simple set pattern step sequence  
(Including 3 turns and Mohawks)
5. Fast fwd skating, stop across width of ice

### CANSKATE PROGRAM

One- minute program skated to music provided by the host club. To be skated on ½ ice. Program must include at least 1 spin, 1 spiral and 1 jump (waltz, salchow or toeloop). Other elements may be included.

**NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS MAY BE INCLUDED**  
**Groups will be given half of the ice surface.**

## ADULT CATEGORIES

### ADULT OPEN FREESKATE A

- (i) TEST: Must have passed no higher than the Senior Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program of 1.5, 2.0, 2.5 or 3.0 minutes in length (+/- 10 seconds)
- (iii) AGE: Skaters must be at least 18 years of age.

### ADULT OPEN FREESKATE B

- (i) TEST: Must have passed the Jr. Silver Freeskate test or higher
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes (+/- 10 seconds)
- (iii) AGE: Skaters must be at least 18 years of age.

**Skaters in this Category perform the prescribed dance as a solo.**

### Adult Bronze Solo Dance

- (i) TEST: Skater may have passed the complete Jr. Bronze dance test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform the Baby Blues.
- (iii) AGE: Skaters must be at least 18 years of age.

### Adult Silver Solo Dance

- (i) TEST: Skater must have passed the complete Jr. Bronze dance tests and may have passed no higher than the complete Jr. Silver dance test.
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform the Keats Foxtrot.
- (iii) AGE: Skaters must be at least 18 years of age.

### Adult Gold Solo Dance

- (i) TEST: Skater must have passed the complete Jr. Silver dance tests and may have passed no higher than the complete Diamond dance test.
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform the Blues.
- (iii) AGE: Skaters must be at least 18 years of age.

## SPECIAL OLYMPICS EVENTS

**Eligibility:** A Skater competing in Level 1 must be able to complete the skills required for CanSkate Stage 1 but no higher than Stage 3

### Level 1 Elements in Isolation

Skaters shall skate all of the following elements in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements.

- Forward skating across the width of the ice surface using alternating feet
- Forward glide on left foot (skaters choice of entry)
- Forward glide on right foot (skaters choice of entry)
- Forward half snowplow stop - right foot
- Forward half snowplow stop - left foot
- Backward skating any form – equivalent to ½ the width of the ice surface

### Level 1 Freeskate Program

The freeskate program will not exceed a time limit of one minute plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include:

- Four (4) out of Six (6) Can Skate fundamental movements from Stage 1 through Stage 3
- Maximum of 2 jumps
- Maximum of 2 spins

No Fundamental Movements above Stage 3 or Challenge Skills from any Stage are to be included in the program. Points will be awarded only for Stage 1-3 Fundamental Movements.

## Special Olympics Events (continued)

### Level 2

**Eligibility:** A Skater competing in Level 2 must be able to complete the skills required for CanSkate Stage 4 but no higher than Stage 5

### Level 2 Elements in Isolation

Skaters shall skate all of the following elements in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements.

- Right forward outside glide on a curve for 6 counts – (R-L- Right glide)
- Left forward inside glide on a curve for 6 counts – (L-R-Left glide)
- Forward 2 foot turn into circle – counterclockwise (maximum 2 push entry)
- 3 Backwards pushes from standstill and glide on left foot on a curve (any form)

### Level 2 Freeskate Program

The Level 2 Freeskate program will not exceed a time limit of 1 minute 30 seconds plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include

- Fundamental Movements from Can Skate Stage 1 through 5
- **Must** include 4 of 6 Fundamental Movements from Can Skate Stage 4 and 5.
- Choice of Challenge skills from Stages 1 through 3 may also be included.
- Maximum of 3 jumps
- Maximum of 2 spins
- 1 jump sequence or combination can be included and will be counted as one of the allowable jumps

No Fundamental Movements above Stage 5 or Challenge Skills above Stage 3 are to be included in the program. Points will be awarded only for Stage 1-5 Fundamental Movements and Challenge Skills 1 – 3.

### Level 3

**Eligibility:** A Skater competing in Level 3 must be able to complete the skills required for Can Skate Stage 6 but no higher than Stage 7

### Level 3 Elements in Isolation

Skaters shall skate all of the following elements in isolation. After one skater has completed all their elements the next skater will begin. The skater has one opportunity to perform the elements.

- Left Forward outside preliminary circle
- Right forward inside preliminary circle
- Backward outside edges width of ice, may use line
- Left forward outside 3 turn
- Right forward inside mohawk

### Level 3 Freeskate Program

The Level 3 Freeskate program will not exceed the time limit of 1 minute 30 seconds plus or minus 10 seconds. The music will be instrumental.

The program must be well balanced and include

- Fundamental Movements from Can Skate Stages 1 through 7
- Must include 4 out of the 6 Fundamental Movements from Can Skate Stages 6 and 7
- Choice of Challenge skills from Stages 1 through 5
- Maximum of 5 jump elements which may include one combination or sequence
- Maximum of 2 spins
- 1 step sequence

No Fundamental Movements above Stage 7 or Challenge Skills above Stage 5 are to be included in the program. Points will be awarded only for Stage 1-7 Fundamental Movements and Challenge Skills 1 – 5.

# STARSkate EVENTS ELEMENTS PROGRAM

Elements Programs will not be skated to music. The skater may determine the order of the elements. Connecting steps are permitted to link the elements. Additional elements or repetition of elements that have failed are not permitted. Rotational movements of more than one full rotation shall be considered extra elements. Small jumps of not more than half a turn may be included in the step sequence.

## INTRODUCTORY LADIES/MEN:

- (i) TEST: Competitors must not have passed **any** portion of the Preliminary Freeskate test.
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute.  
**Groups will be given half of the ice surface**
  - 1. Any forward upright spin
  - 2. Toe loop
  - 3. Waltz Jump
  - 4. One forward spiral

## PRIMARY LADIES/MEN:

- (i) TEST: Competitors must not have passed **any** portion of the Preliminary Freeskate test.
- (iii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute.  
**Groups will be given half of the ice surface**
  - 1. Sit spin
  - 2. Salchow jump
  - 3. Loop
  - 4. One forward spiral

## PRE-PRELIMINARY LADIES/MEN:

- (i) TEST: Competitors must not have passed the complete Preliminary FreeSkate test.
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute.  
**Groups will be given half of the ice surface**
  - 1. Flip jump
  - 2. Back spin (minimum 2 rotations)
  - 3. Jump combination - salchow/toe loop
  - 4. One Backward spiral

## PRELIMINARY LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Preliminary FreeSkate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1 minute; the full ice surface to be used
  - 1. Lutz jump
  - 2. Jump combination - flip/loop
  - 3. Camel/Sit Spin (minimum 2 rotations in each position)
  - 4. Spirals on the left and right foot (may be performed separately or in sequence)

## JUNIOR BRONZE LADIES/MEN:

- (i) TEST: Competitors must have passed the complete Junior Bronze FreeSkate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 1.5 minutes, the full ice surface to be used
  - 1. Axel
  - 2. Any double or single jump
  - 3. Jump Combination – any single or double jump followed by a Loop
  - 4. Combination spin – minimum one change of position/ one change of foot (minimum 2 rotations in each position)
  - 5. One (1) spiral on each foot in sequence
  - 6. Footwork sequence

## **STARSkate Elements Program (continued)**

### **SENIOR BRONZE LADIES/MEN:**

- (i) TEST: Competitors must have passed the complete Senior Bronze Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 2 minutes; the full ice surface to be used
  - 1. Axel
  - 2. Double Toe jump
  - 3. Jump combination - any single jump followed by a single or double jump
  - 4. Any flying spin (minimum 3 rotations)
  - 5. Combination spin – at least one change of position with one change of foot (minimum 2 rotations in each position)
  - 6. Combination of spirals on each foot and one other field move in sequence
  - 7. Footwork sequence (any pattern using the full ice surface)

### **JUNIOR SILVER LADIES/MEN:**

- (i) TEST: Competitors must have passed the complete Junior Silver Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 2 minutes; the full ice surface to be used
  - 1. Axel
  - 2. Double Loop jump
  - 3. Jump combination - any single or double jump followed by a double jump
  - 4. Combination spin – at least two changes of position with one change of foot (minimum 2 rotations in each position and minimum 4 rotations on each foot)
  - 5. Any flying spin (minimum 3 rotations)
  - 6. Combination of spirals on each foot and one other fields move in sequence
  - 7. Footwork sequence (any pattern using the full ice surface)

### **SENIOR SILVER LADIES/MEN:**

- (i) TEST: Competitors must have passed the complete Senior Silver Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: program length not to exceed 2 minutes 40 seconds; the full ice surface to be used
  - 1. Axel
  - 2. Double Flip jump
  - 3. Jump sequence - 3 or more jumps including at least 2 double jumps
  - 4. Camel change camel (minimum 5 rotations on each foot)
  - 5. Flying sit spin (minimum 5 rotations)
  - 6. Combination of 3 field moves in sequence
  - 7. Footwork sequence (any pattern using the full ice surface)

### **GOLD LADIES/MEN:**

- (i) TEST: Competitors must have passed the complete Gold Free Skate test
- (ii) SPECIFICATIONS FOR EVENT: Program length not to exceed 2 minutes 40 seconds; the full ice surface to be used
  - 1. Axel or double Axel
  - 2. Double Lutz jump
  - 3. Jump combination – any double/double combination
  - 4. Any flying spin - (minimum 5 rotations)
  - 5. Combination spin – at least two changes of position with 1 change of foot (minimum 2 rotations in each position and minimum 5 rotations on each foot)
  - 6. Combination of 3 field moves in sequence
  - 7. Footwork sequence (any pattern using the full ice surface)

# STARSkate CATEGORIES

## FREE SKATE CATEGORIES

### EVENTS WILL BE JUDGED ACCORDING TO THE 2008-2009 WELL BALANCED PROGRAM CRITERIA

**Note: There is NO well balanced program criteria for Introductory & Primary Levels**

#### INTRODUCTORY FREESKATE

- (i) TEST: Must not have passed **any** portion of the Preliminary Free skate test.
- (ii) SPECIFICATIONS FOR EVENT: Free skate Program of 1.5 minutes in length (+/- 10 seconds)  
**MAY INCLUDE JUMPS; WALTZ, SALCHOW AND TOE LOOP BUT NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS**

#### PRIMARY FREESKATE

- (i) TEST: Must not have passed **any** portion of the Preliminary Free skate test.
- (ii) SPECIFICATIONS FOR EVENT: Free skate Program of 1.5 minutes in length (+/- 10 seconds)  
**MAY INCLUDE JUMPS; LOOP AND FLIP BUT NO HIGHER JUMP OF ONE OR MORE REVOLUTIONS**

#### PREPRELIMINARY FREESKATE

- (i) TEST: Must not have passed any complete Skate Canada Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One Free program to music of 1.5 or 2 minutes in length (+ / - 10 seconds)

#### PRELIMINARY FREESKATE

- (i) TEST: Must have passed complete Preliminary Free skate test but not Junior Bronze Free skate test
- (ii) SPECIFICATIONS FOR EVENT: One free program of 2.0 minutes in length (+/- 10 seconds)

#### JUNIOR BRONZE FREESKATE

- (i) TEST: Must have passed complete Jr. Bronze Free skate test but not Sr. Bronze Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program of 2.5 minutes in length (+/- 10 seconds)

#### SENIOR BRONZE FREESKATE

- (i) TEST: Must have passed complete Sr. Bronze Free skate test but not Jr. Silver Freeskate test
- (iii) SPECIFICATIONS FOR EVENT: One free program of 3.0 minutes in length (+/- 10 seconds)

#### JUNIOR SILVER FREESKATE

- (i) TEST: Must have passed complete Jr. Silver Free skate test but not Sr. Silver Freeskate test
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

#### SENIOR SILVER FREESKATE

- (i) TEST: Must have passed complete Sr. Silver Free skate test but not Gold Free skate test
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3.5 minutes in length (+/- 10 seconds)

#### GOLD FREESKATE

- (i) TEST: Must have passed complete Gold Free skate test
- (ii) SPECIFICATIONS FOR EVENT: One free program of 3.5 (ladies) or 4.0 (men) minutes in length (+/- 10 seconds)

# SKATING SKILLS CATEGORIES

**MARKING SKATING SKILLS:** Skating Skills exercises will be given two marks which will be added together to determine a total mark for each exercise from each judge. The marking criteria are Technique and Pacing/Performance. The mark for Technique will break the tie. Components of each mark are outlined below:

**Technique:** Edge Quality, Ice Coverage, Correctness of Steps

**Pacing/Performance:** Ease of Motion, Musicality/Pacing, Posture

## **PREPRELIMINARY SKATING SKILLS**

- (i) TEST: Must not have passed the Preliminary Skating Skills test.  
GROUP 1: Preliminary Waltzing Threes

## **PRELIMINARY SKATING SKILLS**

- (i) TEST: Must have passed Preliminary Skating Skills test, but not the Jr. Bronze Skating Skills test.  
GROUP 1: Threes and Power Mohawks

## **JUNIOR BRONZE SKATING SKILLS**

- (i) TEST: Must have passed the Junior Bronze Skating Skills test but not the Sr. Bronze Skating Skills test.  
GROUP 1: Forward Brackets

## **SENIOR BRONZE SKATING SKILLS**

- (i) TEST: Must have passed Sr. Bronze Skating Skills but not the Jr. Silver Skating Skills test.  
GROUP 1: Multi Turns and Power Threes

## **JUNIOR SILVER SKATING SKILLS**

- (i) TEST: Must have passed the Jr. Silver Skating Skills test but not the Sr. Silver Skating Skills test  
GROUP 1: Rockers and Choctaws

## **SENIOR SILVER SKATING SKILLS**

- (i) TEST: Must have passed the Sr. Silver Skating Skills test but not the Gold Skating Skills test  
GROUP 1: Counters and Three Change Threes

## **GOLD SKATING SKILLS**

- (i) TEST: Must have passed Gold Skating Skills test.  
(ii) SPECIFICATIONS FOR EVENT: Skaters will perform an exercise of their own creation as per the Creative Exercise specifications (see specifications):

### **SKATING SKILLS CREATIVE EXERCISE SPECIFICATIONS**

Tempo: minimum 112 beats per minute                      Duration: not to exceed 2 minutes

Music: Skater's choice

- Can be vocal
- Can be a selection from the Skating Skill Program music

#### **Required Content:**

- Three step sequences:
- 1 Straight line shape
- 1 Circular shape
- 1 Serpentine shape
- Turns and field movements may be used anywhere within the shapes.
- More than one example of each shape may be included provided that the music time does not exceed 2 minutes

#### **Judges will focus on the following when assessing "Technique":**

- Changes of direction using a variety of turns
- Changes of level, hop, jump, tucks, etc.

- Changes of step length, speed
- Power, edge quality (on one foot)

## INTERPRETIVE CATEGORIES

**COSTUME REQUIREMENT FOR ALL INTERPRETIVE CATEGORIES** The clothing for all competitors must be modest, dignified and appropriate for athletic competition – NOT GARNISH OR THEATRICAL IN DESIGN. ACCESSORIES AND PROPS ARE NOT PERMITTED.

### **COMPOSITION OF THE INTERPRETIVE PROGRAM:**

This program shall contain a variety of skating moves - and should be joined with connecting steps demonstrating edges, turns and creativity.

These moves should be selected for their value in enhancing the choreographic interpretation of the music rather than for their technical difficulty. Jumps are allowed, but no credit will be given for their technical difficulty.

Skaters may enter only one Interpretive Category.

### **PRE- INTRODUCTORY INTERPRETIVE**

- (i) TEST: Must not have passed any Skate Canada Interpretive Skating test.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length.

### **INTRODUCTORY INTERPRETIVE**

- (i) TEST: Must have passed the Introductory Interpretive test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length.

### **BRONZE INTERPRETIVE**

- (i) TEST: Must have passed the Bronze Interpretive, Adult Artistic, or Bronze Artistic test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length.

### **SILVER INTERPRETIVE**

- (i) TEST: Must have passed the Silver Interpretive or Silver Artistic test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length.

### **GOLD INTERPRETIVE**

- (i) TEST: Must have passed the Gold Interpretive or Gold Artistic test
- (ii) SPECIFICATIONS FOR EVENT: One Interpretive program of 2.0 to 3.0 minutes in length.

# SOLO DANCE

Skaters in this Category perform the prescribed dance as a solo.

## INTRODUCTORY

- (i) TEST: Skaters must not have passed any part of the Preliminary Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **DUTCH WALTZ** from the Preliminary Dances

## PREPRELIMINARY

- (i) TEST: Skaters must not have passed the complete Preliminary Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **CANASTA TANGO** from the Preliminary Dances

## PRELIMINARY

- (i) TEST: Skaters must not have passed the complete Junior Bronze Dance test
- (ii) SPECIFICATIONS FOR EVENTS: Skaters will perform **FIESTA TANGO** from the Junior Bronze Dances

## JUNIOR BRONZE

- (i) TEST: Skaters must not have passed the complete Senior Bronze Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **FOURTEENSTEP** from the Senior Bronze Dances

## SENIOR BRONZE

- (i) TEST: Skaters must not have passed the complete Junior Silver Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **KEATS FOXTROT** from the Junior Silver Dances

## JUNIOR SILVER

- (i) TEST: Skaters must not have passed the complete Senior Silver Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **PASO DOBLE** from the Senior Silver Dances

## SENIOR SILVER

- (i) TEST: Skaters must not have passed the complete Gold Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **ARGENTINE WALTZ** from the Gold Dances

## GOLD

- (i) TEST: Skaters must not have passed the complete Diamond Dance test
- (ii) SPECIFICATIONS FOR EVENT: Skaters will perform **SILVER SAMBA** from the Gold Dances

## CREATIVE CATEGORIES

In the Creative Categories, the Host Committee (or Technical Representative) will select a piece of music of the appropriate length to be played. The skaters will hear the music selection for the first time in warm-up and will perform a creative, improvisational program in the competition. The warm up will be one minute without music followed by the music selection being played twice. After the warm-up the skaters will be escorted to a supervised, sound proof room to await their turn. Category groups must be small enough that all skaters can warm up together so as not to disadvantage early skaters.

### INTRODUCTORY LADIES/MEN

- (i) TEST: Competitors must not have passed **any** Skate Canada Test.
- (ii) SPECIFICATIONS FOR EVENT: Program 1 minute in length.

### PREPRELIMINARY LADIES/MEN

- (i) TEST: Competitors must not have passed the complete Preliminary Free skate test.
- (ii) SPECIFICATIONS FOR EVENT: Program 1 minute in length.

### PRELIMINARY MENS/LADIES

- (i) TEST: Competitors may have passed the complete Preliminary Free Skate test but no higher.
- (ii) SPECIFICATIONS FOR EVENT: One program 1 minute in length

## STARSkate PROGRAM TEAM EVENT

**This is intended as a fun event.** Teams will consist of four (4) skaters from the same club. Teams may be mixed or similar. Coaches must be at ice surface with their skaters. Elements will be performed in isolation. Each team may decide in advance which skater will perform each element.

Note: Skaters may skate up one (1) level.

Note: When four (4) skaters from one (1) club are not available, teams of three (3) skaters will be permitted. In such cases, one (1) skater will skate two (2) elements.

### INTRODUCTORY

For those skaters who have not yet passed **any** portion of the Preliminary Free skate Test

1. Waltz Jump
2. 1 Foot Spin
3. Forward Crossovers
4. Forward Spiral

### PRE-PRELIMINARY

Skaters must not have passed the complete Preliminary Free skate test.

1. Flip Jump
2. Sit Spin
3. Salchow/Toe Loop Combination Jump
4. Forward Spiral

### PRELIMINARY

Skaters must have passed the Preliminary Free skate test but no higher complete Free skate test.

1. Lutz Jump
2. Camel Spin
3. Loop/Loop Combination Jump
4. Backward Spiral

## **STARSkate Program Team Event (continued)**

### **JUNIOR BRONZE**

Skaters must have passed the Junior Bronze Free skate test but no higher complete Free skate test.

1. Axel
2. Camel/Sit Spin
3. Lutz/Loop Combination Jump
4. Two Spirals in Sequence, one on each foot

### **SENIOR BRONZE**

Skaters must have passed the Senior Bronze Free skate test but no higher complete Free skate test.

1. Double Salchow Jump
2. Flying Camel back sit spin
3. Split/Split Jump Combination
4. Combination of Spirals using each foot

### **JUNIOR SILVER**

Skaters must have passed the Junior Silver Free skate test but no higher complete Free skate test.

1. Double Toe Jump
2. Combination spin with at least 2 positions and 1 change of foot
3. Jump Combination consisting of 1 single and 1 double jump
4. Circular Footwork Sequence using full width of ice

### **SENIOR SILVER**

Skaters must have passed the Senior Silver Free skate test but no higher complete Free skate test.

1. Double Loop Jump
2. Flying Sit Spin
3. Jump Combination consisting of at least 2 double jumps
4. Combination of 3 Field Movements in Sequence

### **GOLD**

Skaters must have passed the complete Gold Free skate test.

1. Double Flip Jump
2. Spin Combination with at least 3 positions and 1 change of foot
3. Jump Sequence consisting of at least 3 jumps with a minimum of 2 double jumps
4. Combination of 3 Field Movements in Sequence

**Skate Canada: Alberta - NWT/Nunavut**  
**NORTHEAST FUNSKATE 2009 January 23-25, 2009**

**REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!!!**

Competitor's Name				
Home Address and Postal Code				
Home and Emergency Phone Number				
Skate Canada Number		Health Care Number		
Date of Birth / Gender	Day	Month	Year	Please circle: Male Female
Name of Home Club				
Signature of Home Club Officer		Club Contact Person		
Home Club Phone/Fax / Email				
<b>EVENTS</b>		<b>EVENTS ENTERED</b> - Indicate the events you wish to enter. For Team Events, please complete the Team Event Entry Form		
<b>Test Qualifications (highest passed)</b>		<b>Free Skate:</b>	<b>Elements:</b>	<b>Skating Skills:</b>
*Competitive test equivalencies must be taken into account when registering for Test Stream Events		<b>Dance:</b>	<b>Interpretive:</b>	<b>Competitive:</b>
<u>STARSkate Free Skate</u> <input type="checkbox"/> Introductory <input type="checkbox"/> Primary <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Junior Bronze <input type="checkbox"/> Senior Bronze <input type="checkbox"/> Junior Silver <input type="checkbox"/> Senior Silver <input type="checkbox"/> Gold	<u>STARSkate Elements</u> <input type="checkbox"/> Introductory <input type="checkbox"/> Primary <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Junior Bronze <input type="checkbox"/> Senior Bronze <input type="checkbox"/> Junior Silver <input type="checkbox"/> Senior Silver <input type="checkbox"/> Gold	<u>Interpretive</u> <input type="checkbox"/> Pre-Introductory <input type="checkbox"/> Introductory <input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold  Title: <hr/>	<u>Skating Skills</u> <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Junior Bronze <input type="checkbox"/> Senior Bronze <input type="checkbox"/> Junior Silver <input type="checkbox"/> Senior Silver <input type="checkbox"/> Gold Creative SKills	<u>Solo Dance</u> <input type="checkbox"/> Introductory <input type="checkbox"/> Pre-Preliminary <input type="checkbox"/> Preliminary <input type="checkbox"/> Junior Bronze <input type="checkbox"/> Senior Bronze <input type="checkbox"/> Junior Silver <input type="checkbox"/> Senior Silver <input type="checkbox"/> Gold
<u>CanSkate Elements</u> <input type="checkbox"/> Stage 1 <input type="checkbox"/> Stage 2 <input type="checkbox"/> Stage 3 <input type="checkbox"/> Stage 4 <input type="checkbox"/> Stage 5 <input type="checkbox"/> Stage 6 <input type="checkbox"/> Stage 7	<u>CanSkate Program</u> <input type="checkbox"/> Entered	<u>Adult Open</u> Open Freeskate <input type="checkbox"/> Freeskate A <input type="checkbox"/> Freeskate B  Solo Dance <input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold	<u>Special Olympics</u> <input type="checkbox"/> Level 1 Elements <input type="checkbox"/> Level 1 Program <input type="checkbox"/> Level 2 Elements <input type="checkbox"/> Level 2 Program <input type="checkbox"/> Level 3 Elements <input type="checkbox"/> Level 3 Program	<u>Creative</u> <input type="checkbox"/> Introductory <input type="checkbox"/> PrePreliminary <input type="checkbox"/> Preliminary

<b>RETURN FORM TO:</b>	<b>WAINWRIGHT SKATING CLUB</b>	<b>BY:</b>	<b>November 28, 2008</b>
	<b>BOX 2963, WAINWRIGHT, AB T9W1S8</b>		
<b>ENTRY FEES: STARSKATE/ADULT/ SPECIAL OLYMPICS-\$45.00, 1<sup>ST</sup>, \$25.00, per subsequent event</b>			
<b>TEAM EVENT -\$30.00, \$7.50/SKATER CANSKATE \$10.00 (each)</b>			
<b>ALL CLUB REGISTRATION FORMS MUST BE PAID WITH ONE CLUB CHEQUE PAYABLE TO: WAINWRIGHT SKATING CLUB</b>			

**Participant's Release**

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

<b>Participant's Name (print):</b>	<b>Participant's Signature:</b>
<b>Date:</b>	
<b>If under the age of 18 years: Parent's Signature:</b>	

<b>Name of Coach</b>	<b>Signature &amp; Verification of event entered</b>
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Forms may be returned if not completed in full and signed.  
**Skate Canada: Alberta - NWT/Nunavut**  
**NORTHEAST FUNSKATE 2009 January 23-25, 2009**

**Team Events Entry Form**  
**Submit one entry form (and payment) per team**

Team Name			
Team Members 1.		2.	
3.		4.	
Emergency Phone #			
Name of Home Club			
Club Contact Person		Club Contact Phone #	
Club E mail address		Club Fax #	
Name of Coach		Coach Phone #	
Circle in which event the STARSkate team is registering.	<b>STARSkate Team Event</b>		
	Pre-Preliminary	Preliminary	
	Junior Bronze	Senior Bronze	
	Junior Silver	Senior Silver	
	Gold		
Test Qualifications (highest passed amongst the team)	Free Skate	Interpretive	Competitive

**Return Form by November 28, 2008**                      **to: WAINWRIGHT SKATING CLUB**  
**Box 2963**  
**Wainwright, AB T9W 1S8**

**Cheques Payable to:**    Wainwright Skating Club

**Entry Fees**                      **\$30.00 \$7.50/SKATER**

**Participant's Release**

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, falls, collisions with other participants and/or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness of injury to my person as a result of my participation in this activity.

Signature of Home Club Officer	Coaches signature verifying accuracy of entry	
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature
Participant's Name (print)	Participant's Signature	Parent's Signature

Date	Parents must sign if participant is under 18 years of age.
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