ICE PALACE FIGURE SKATING CLUB

Bootbreakers: May 28-June 29

Mon / Wed / Fri Terwilligar Recreation Centre		Tue / Thur West Edmonton Mall	
1:15 - 3:15pm Sr / Comp Day Ice		2:15 - 2:45pm Sr Spins / Program Components	
3:15 - 3:30 Flood		2:45 - 3:30 Sr Freeskate	
3:30 - 4:30 Sr Freeskate		3:30 - 3:45 Flood	
4:30 - 5:15 Sr Edges	4:15 - 5:15pm AdvJr / Int Ballet (M), Pilates (W), Fitness (F)	3:45 - 4:45 Sr Freeskate	
5:15 - 5:30 Flood		4:45 - 5:15 Int / Sr Stroking	
5:30 - 6:30 AdvJr / Int Freeskate	5:30 - 6:30 Sr Ballet (M), Pilates (W), Fitness (F)	5:15 - 5:30 Flood	
6:30 - 7:00 AdvJr / Int Edges		5:30 - 6:15 Int Freeskate	
		6:15 - 6:45 Int Spins	
		6:45 - 7:45 Jr Group Enrichment	

		Terwilligar Recreation Centre	
		5:15 - 7:30pm *(Weeks 2-4)* Comp Dance / Pair / Open	

Summer: July 2 - August 10

Mon / Wed / Fri Terwilligar Recreation Centre		Tue / Thur Terwilligar Recreation Centre	
8:00 - 9:00am Comp Dance / Pair		8:00 - 9:00am Comp Dance / Pair / Open	
9:00 - 9:15 Flood		9:00 - 9:15 Flood	
9:15 - 10:15 Comp Dance / Pair / Open		9:15 - 10:15 Comp Dance / Pair	
	8:15 - 8:45am Int Warm-up	9:00 - 9:30am Int Stroking	
9:00 - 10:00am Int Freeskate		9:30 - 10:15 Int Freeskate	
10:00 - 10:15 Int Edges - CPC Judging System		10:15 - 10:30 Flood	
10:15 - 10:30 Flood		10:30 - 11:15 Sr Freeskate	10:30 - 11:30am Int / Comp Fitness
10:30 - 11:00 Sr Spins / Program Components	10:25 - 11:20 Int Ballet (M/W), Hip Hop (F)	11:15 - 11:30 Sr Edges - CPC Judging System	11:40 - 12:00 Int Jump Class
11:00 - 11:45 Sr Freeskate		11:30 - 11:45 Flood	
11:45 - 12:00 Flood	11:55 - 12:50 Sr/Comp Ballet (M/W), Hip Hop (F)	11:45 - 12:30 Sr Freeskate	
12:00 - 12:45 Int Freeskate		12:30 - 12:45 Flood	
12:45 - 1:15 Int Edges (M/W), Artistic Dev (F)		12:45 - 1:30 Int Freeskate	
1:15 - 1:30 Flood		1:30 - 1:45 Int Spins / Program Components	1:25 - 1:45 Sr Jump Class
1:30 - 2:30 Sr Freeskate	1:30 - 2:30 *(Weeks 2-5)* Comp Dance / Open *(Side B)*	1:45 - 2:00 Flood	
2:30 - 3:00 Sr Stroking (M/W), Artistic Dev (F)		2:00 - 2:45 Sr Freeskate	
3:00 - 3:15 Flood	2:30 - 3:30 Jr Ballet (M/W), Jump Class (F)	2:45 - 3:15 Sr Edges	2:30 - 3:15 Jr Jump Class
3:15 - 3:45 *(Weeks 1-5)* Open		3:15 - 3:30 Flood	3:30 - 4:30 Sr Fitness (Tu), Pilates (Th)
3:45 - 4:15 Jr Edges (M/W), Artistic Dev (F)		3:30 - 4:00 Jr Edges	
4:15 - 5:00 Jr Freeskate		4:00 - 4:45 Jr Freeskate	
5:00 - 5:15 Jr Stroking		4:45 - 5:15 Prelim Group Dance	

**Juniors skate Weeks 1-4 only (July 2-27)*
**Juniors competing in Wild Rose may skate on Open sessions in Week 5 (Mon & Wed 1:30-3:45)*
**Advanced Juniors may skate on "AdvJr" sessions in Bootbreakers and "Int" sessions in Summer Week 6*
**Juniors who have passed their Prelim Freeskate and possess advanced skills may be moved to Intermediate*
**Decisions regarding a skater's level are that of the Skating Director*

Sr - Passed Pre-Novice / Sr Silver
Int - Passed Jr Bronze Freeskate
Jr - No freeskate tests passed
Comp - Dance & Pair teams
Open - Test Dance, Skills, etc