



Synchronized Skating Fall Workshop

Skate Canada: Alberta-NWT/Nunavut is pleased to offer a one day clinic for all Synchronized Skating Coaches, Officials, Managers, Team Captains, and anyone interested in becoming active in Synchronized Skating! Our featured presenters are:

Jennifer Beauchamp
NEXXICE



Mindy Gerlat ~ ISU Technical Specialist
Jennifer Betts ~ Canadian Technical Controller, Judge and Referee

Topics of Discussion:

- Changes to Synchronized Skating
- Level of Difficulty- Groups of Elements & Features
 - Step Sequences
 - Program Components
- Clarification and updates of Synchro ISU Communications
 - Program Planning & Music
 - Choreography & Transitions
 - Skill Development & Exercises
 - Team Building & Conflict Resolution
- On-ice work – BRING YOUR SKATES!

September 25, 2010

10:00am – 6:30 pm

Royal Glenora Club, 11160 River Valley Road, Edmonton

Registration fees:

- **\$100/person (includes lunch)**
- **Officials: No Charge for attending morning technical update only (10am – noon)**
- **Officials – lunch optional \$15**

*Attendance at the clinic contributes to the Officials continuing education program required as a volunteer official every 3 years mandated by Skate Canada.

Registration deadline: Friday, September 3, 2010

Confirmations will be returned by email, please ensure that your email address is legible. For further information please call or email: Lisa Bonderove, Coordinator, Finance & Skating Programs at 780-415-0593 or skateab.lisa@telus.net



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REGISTRATION FORM

Name: _____ Skate Canada #: _____

Address: _____

Email: _____ Phone: _____

Please check your specialty:

- Coach
 Manager
 Team Captain/Skater
 Official
 Other: _____

Team Category/Level: _____

Official's Qualifications: _____

Registration Fees (please check one):

- \$100.00 (includes lunch)
 Officials – No Charge for attending morning technical update only (10am – noon)
 Officials – Morning update plus lunch \$15.00

*Attendance at the clinic contributes to the Officials continuing education program required as a volunteer official every 3 years mandated by Skate Canada.

Payment can be made by cheque, cash, visa or mastercard.
Make cheque payable to Skate Canada: Alberta-NWT/Nunavut.

Credit Card #: _____

Credit Card type: _____ Expiry Date: _____

Send completed form with payment to:

Skate Canada: Alberta-NWT/Nunavut
11759 Groat Road
Edmonton, Alberta T5M 3K6
Email: skateab.lisa@telus.net
Toll free fax: 866-746-4981

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